



*Canadian Psychiatric
Research Foundation*

When Something's Wr ng

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Ideas for Teachers

Resources

FOR MORE INFORMATION

Note: Please also see the individual sections in this handbook for additional resources that are more specific to each section topic.

American Academy of Child and Adolescent Psychiatry

(One of the most comprehensive, valid, and reliable organizations to access information in the area of mental health and mental illness)

3615 Wisconsin Avenue, N.W.

Washington, D.C. 20016-3007

Phone: (202) 966-7300

Web: www.aacap.org

Bullying.org

Bullying.org is a nonprofit Internet resource created to help people deal with the issue of bullying through the sharing of resources and the guiding of people towards non-violent solutions to the challenges and problems associated with bullying.

Web: www.bullying.org

Canadian Academy of Child and Adolescent Psychiatry

555 University Avenue

Toronto, ON M5J 1X8

Phone: (416) 813-6540

E-mail: elizabeth.manson@sickkids.on.ca

Web: www.canacad.org

Canadian Centre on Substance Abuse (CCSA)

Phone: (613) 235-4048

Web: www.ccsa.ca

Canadian Health Network

(Web site designed to help people find excellent resources from non-profit health information providers across Canada, as well as key international resources)

Web: www.canadian-health-network.ca

Canadian Mental Health Association

8 King Street East, Suite 810

Toronto, ON M5C 1B5

Phone: (416) 484-7750

E-mail: info@cmha.ca

Web: www.cmha.ca

Canadian Psychiatric Association

141 Laurier Ave. West, Suite 701

Ottawa, ON K1P 5J3

Phone: (613) 234-2815

E-mail: cpa@cpa-apc.org

Web: www.cpa-apc.org

Resources

Canadian Psychiatric Research Foundation (CPRF)

(author of this handbook)

2 Carlton Street, Suite 1007

Toronto, ON M5B 1J3

Phone: (416) 351-7757

E-mail: admin@cprf.ca

Web: www.cprf.ca

Centre for Addiction and Mental Health (CAMH)

Phone: (416) 535-8501 (main switchboard)

Web: www.camh.net

BOOK: Got Issues Much? Celebrity Teens Share Their Traumas and Triumphs (Randi Reisfeld, Marie Morreale, Scholastic, 1999).

KidsHaveStressToo

c/o The Psychology Foundation of Canada

480 University Avenue, Suite 1100

Toronto, ON M5G 1V2

Phone : (416) 486-0099

E-mail: kidsstress@psychologyfoundation.org

Web: www.kidshavestresstoo.org

Kids Help Phone

Kids Help Phone provides young people with counselling over the phone or online, a place where they can express themselves and ask questions and where they can find out more information on issues they face. Call **1-800-668-6868** or visit the Web site at www.kidshelphone.ca. The service is available 24-hours a day and is completely anonymous and confidential.

Learning Disabilities Association of Canada

323 Chapel Street

Ottawa, ON K1N 7Z2

Phone: (613) 238-5721

Web: www.ldac-taac.ca

The Nation's Voice on Mental Illness (NAMI)

Colonial Place Three

2107 Wilson Blvd., Suite 300

Arlington, VA 22201-3042

Phone: (703) 524-7600

Toll-free: 1-800-950-NAMI (6264)

TDD: (703) 516-7227*

Web: www.nami.org

Web (for NAMI's Child and Adolescent Action Centre):

www.nami.org/youth

Resources

BOOKLET: Parents and Teachers as Allies, Recognizing Early-onset Mental Illness in Children and Adolescents, Second Edition, 2003. NAMI, The Nation's Voice on Mental Illness. This booklet can be obtained from NAMI by calling (703) 524-7600. NAMI's Web site is www.nami.org, for further information.

National Institute of Mental Health (NIMH)
6001 Executive Boulevard, Room 8184, MSC 9663
Bethesda, MD 20892-9663
Phone: (301) 443-4513
Toll-Free: 1-866-615-NIMH (6464)
Web: www.nimh.nih.gov

PsychDirect – Evidence Based Mental Health Education & Information

PsychDirect is a Canadian public education Web site of the Department of Psychiatry & Behavioural Neuroscience, McMaster University, Hamilton, Ontario.
E-mail: admin@psychdirect.com
Web: www.psychdirect.com

School Psychology Resources Online

School psychology resources for psychologists, parents and educators, and research learning disabilities, AD/HD, functional behavioural assessment, autism, adolescence, parenting, psychological assessment, special education, mental health, and more.
Web: www.schoolpsychology.net

Final Notes:

Remember that many of the above-listed organizations can direct you to local offices, resources, and services.

Most communities prepare a directory of local community agencies and services to help. It is often found in a "Blue Book" or on a Web site.

There are many resources available for the topics addressed in this handbook, and those listed in this handbook are only a selection of suggestions. Resources listed in this handbook are not necessarily endorsed by the Canadian Psychiatric Research Foundation, and their use should not replace a professional diagnosis by a health care practitioner. These resources should, however, help you to learn more about what you may be dealing with, and to get the help that you need.

When Something's Wrong (WSW) Handbook Order Form

When Something's Wrong: Ideas for Teachers provides information and classroom strategies to help educators understand and assist students with mood, behaviour or thinking disorders.

When Something's Wrong: Ideas for Families has been designed to give parents, caregivers or other family members useful strategies to cope with and assist their child with mood, behaviour or thinking difficulties.

Please print:

Date _____

Name/Attention to _____

School or Organization _____

address [] home [] work

City _____ Prov _____ Postal Code _____

Phone _____ Fax _____

E-mail _____

<i>Description</i>	<i>Price</i>	<i>Quantity</i>	<i>Total</i>
<i>WSW: Ideas for Teachers</i>	<i>\$15.00</i>		
<i>Quand ça ne va pas – Teacher Handbook (French)</i>	<i>\$15.00</i>		
<i>WSW: Ideas for Families</i>	<i>\$20.00</i>		
<i>Quand ça ne va pas – Family Handbook (French)</i>	<i>\$20.00</i>		
<i>Includes shipping & handling; tax exempt. TOTAL CHARGE:</i>			<i>\$</i>

METHOD OF PAYMENT:

Cheque enclosed

Please make cheque payable to CANADIAN
PSYCHIATRIC RESEARCH FOUNDATION

I wish to make an additional donation of \$ _____
and have included this amount in my payment.

Credit Card: VISA MASTERCARD
 AMERICAN EXPRESS

Name of Cardholder (please print):

Card number: _____

Expiry date: _____

Signature: _____

Please mail to:

Handbook

Canadian Psychiatric Research Foundation

2 Carlton Street, Suite 1007

Toronto, ON M5B 1J3

or

Fax to (416) 351-7765

You may also order online at **www.cprf.ca**.

Thank you for your order.



*Canadian Psychiatric
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For further information
or to donate, contact:

Canadian Psychiatric Research Foundation
2 Carlton St., Ste. 1007
Toronto, ON M5B 1J3

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Fax: 416-351-7765
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